

WINGS Annual Meeting
Saturday, January 11, 2019

Call to Order

- The meeting was called to order at 9:55 by President Margit with 68 individuals in attendance.

2019 Annual Meeting Minutes

- A motion was made by Jacqui Dorsey and seconded by Alice Carson to approve the minutes from the 2019 Annual Meeting. Motion carried unanimously.

Treasurer's Report- Presented by Vicki Stevens in Mary Lynn Oglesbee's absence

- WINGS Financial information and Operating Budget is located in the last page of the annual report. There is also an insert in the annual report at the tables that reflect WINGS funds information through November, yearend information has not yet been finalized.
- The Operating budget is higher than 2019 due to printing costs of membership envelopes and other printing expenses that occur every three years. A motion to approve the budget was made by Evelyn Burry, seconded by Gay Eggers. Motion carried unanimously.

Year in Review

Margit Johnson provided a summary of the past year.

- WINGS granted over \$81,000 to support women and youth in the community.
- The grants celebration in June celebrated that over \$1M. was a wonderful dessert display that Nancy Moe and the Outreach committee planned to distribute the grants.
- The board is made up of 15 women and 26 other committed women who are members of committees.
- Membership committee headed by Patsy Ophaug coordinated gathers for women to meet and others to tour grant recipient locations.
- Chaired by Sara Swan McDonald, the Grants committee is the heart of WINGS
- Outreach committee reaches out to all grant recipients throughout the year.
- Communications committee headed by Gay Eggers is a well-oiled machine that ensures information is shared with members. The printed information is the Annual Report and the Fall Newsletter; most other communication is on the web page.
- Youth Board Members are Grace McDonald and Kat Cardenas; they provide valuable feedback on the board and have created the agenda and the Impact sheet.
- Over the year, the entrepreneurial fund has been wrapped into the Annual fund.
- There are two funds including the Annual Fund and Endowment Fund.

Review Revised Governing Guidelines-Jacqui Dorsey

Jacqui shared information on the change of the WINGS bi-laws to Governing Guidelines.

- A copy of the previous bi-laws and proposed guidelines were located on the table. The bi-laws become governing guidelines because WINGS is not a separate 501-3c.
- Overall there are not substantive changes and members still have the same role including final approval on grants, ability to modify guidelines, and opportunity elect board and officers.
- Members will vote on the new guidelines. Members will have opportunity to review them over the next two weeks. A vote will be called for on Jan 25th.

Recognition of WINGS Founding Members

Margit asked original founding members to stand and be recognized at the meeting. There were 9 founding members who were recognized.

WINGS Q&A Panel-Margit Johnson, Leah Rich, Kathy Olson

Each member shared a bit of their involvement in WINGS

- Margit Johnson shared that she had been a member for 6 or 7 years when she was appreciative of sending a check as a member of WINGS. After her retirement from Carleton, she joined the Outreach committee for a few years. From there, she was asked to become Chair of the committee which she learned would also be a Board position. A few years later, she became President of the Board. The last year, she was President again.
- Leah Rich shared her history with WINGS is not that long. A year ago, she was first introduced to WINGS at the annual meeting where she was attending and was being voted to become the Vice President. She is philanthropic and values volunteering and has had a wonderful experience on the WINGS board over the last year. She appreciates the great network of volunteers to provide service to the Northfield area through involvement in WINGS and has learned a lot over the last year in the Vice President role. She has appreciate everyone's support a guidance.
- Kathy Olson shared her story as she has been a member of WINGS for a long time and initially started with WINGS in a circle. She has always believed in philanthropy and initially started by contributing in a circle with a group of other women. About 5 years ago she was approached to join the Board. She was a membership committee members and enjoyed the committee because it's a fun group that was planning parties. She shared as she was President she appreciated how easy it was because the committees do all the work. Overall, she's enjoyed being more involved in WINGS because she has met great women and been introduced to great experiences and lessons.

Election of 2020 Board Members

As head of the nominating committee, Kathy Olson introduced the slate of officers the Nominating committee (Rachel Matney, Beth Berry, Maleah Fallen and Kathy Olson) are presenting:

- 2020 Board Members Positions and Nominee
 - President-Leah Rich
 - Vice President-Patsy Ophaug
 - Secretary-Jan Ensrud
 - Outreach Chair-Corrine Smith
 - At Large-Candace Godfrey
 - Other board members will continue
 - Members coming off the board include Vicki Stevens, Nancy Moe and Maelynn Rosas.
 - Membership committee is unfilled. Individuals who may be interested can follow-up with Leah Rich.
- A motion was made to approve the recommendations by Liz and seconded by Barbara Crauter. The motion was approved.

Thank you To Margit Johnson

Leah Rich, on behalf of the Board, thanked Margit Johnson for her service as President over the last year. Leah gave Margit a beautiful bouquet of flowers and the members in attendance recognized Margit in applause.

WINGS supporting Mental Health Initiatives

Leah Rich shared the focus for the day would be on mental health and the impact WINGS has had in the community through grants. Overall, 20% of individuals experiencing a mental health crisis as some point and only 50% of those individuals receiving care.

- Leah introduced HealthFinders. Candy Taylor, Director of Advancement shared a summary of what HealthFinders has done to support the community.
- Candy Taylor thanked the group for the opportunity to join such an outstanding group of women who make such an impact to HealthFinders and the Northfield community. Candy shared that HealthFinders will be moving into a new building in Faribault and there will be an open house on Feb 21st from 4-6 pm. In the last 15 years, HealthFinders started with medication assistance, expanded into wellness including diabetes management, responded to the needs of dental assistance and has continued to grow with additional advocacy services with a community health worker visiting individuals in their homes. It is truly a collaboration in Northfield located in the same building with community healthcare partners -Northfield Hospital & Clinics , Express Care and Sterling Drug. Candy thanked WINGS for their ongoing funding the a variety of programs over the years. The most recent grant was to help with mental health services. Funds from the grant were used to hire a mental health therapist, Michelle Ortiz
- Michelle Ortiz described the outpatient mental health services that she is providing to women and youth in the community. She currently had 30 active clients- 20 women and 10 youth. Michelle shared a moving story about the power of connecting with youth and reaching out to be a caring adult. She helps people with their struggles by helping them see love and belonging.
- HealthFinders wrapped up with sharing the date of the open house, identifying that Emily Carol will now be a certified opioid addiction provider, and Michelle will also become a certified alcohol and drug counselor.

Leah introduced Northfield High School Student Supporting Students (SSS) and the video created by students was watched.

- The video, which is available on YouTube, showed teachers and school leaders who struggled with mental health and anxiety concerns sharing their stories. The video was a powerful way to help others realize they can work with their anxiety and mental health issues and find help. The video was shared with all high school students in the fall.
- Dan Tauge, Advisor for SSS, Grace McDonald and Hanna Gawe, high school students, explained the role of SSS and the making of the video. About 3 years ago, SSS started with a very broad vision to help students. Eventually, the group focused on helping by seeing people for who they are and extent help to them in a way that is meaningful. The video allowed them to do that with help from teachers and others sharing their stories of how they have worked with their challenges. SSS is exploring ideas for Mental Health Awareness month in May and may produce another video.
- WINGS board members asked questions and demonstrated appreciation for the great work SSS has done with the grant dollars that were received.

Looking forward

Leah shared that WINGS has had 20 years of impact of more than \$1Million of grants to support for Women and youth in the community. Leah shared that the board is always interested in feedback and there are cards at the table to provide feedback or thoughts. In December, the Board approved to expand the Dare to Dream grant to \$20,000 every five years. This regular cycle will assist applicants to dream big with innovative, collaborative, broad impact projects. To support the broader Dare to Dream grants, a new fundraising

concept has been developed to raise additional money to give away in grants. This will be 20 for 20. WINGS members are encouraged to invite 20 individuals to an event they would host and each individual would give \$20 toward WINGS. Some Board members shared their ideas:

- Leah Rich will host a movie double feature (big kids downstairs/little kids upstairs) watching movies with moms gathering for conversation.
- Margit shared that she will invite friends for coffee for a \$20 donation
- Patsy shared that she will have a Yoga practice with time and date to be determined
- Sara & Grace McDonald will host a Winter Recess with relaxing harp music
- Emily Fulton Folley, an individual at the meeting, shared that she would host individuals to her farm when the babies animals are born in the spring.
- Membership materials and handouts will be available if you host an event, contact a board member if you have questions.

Before adjourning, Leah opened it up to the group if there were any additional thoughts or questions. Leah thanked everyone for attending and expressed appreciation to the groups that shared their inspirational messages throughout the morning.

Minutes recorded by Vicki Stevens